

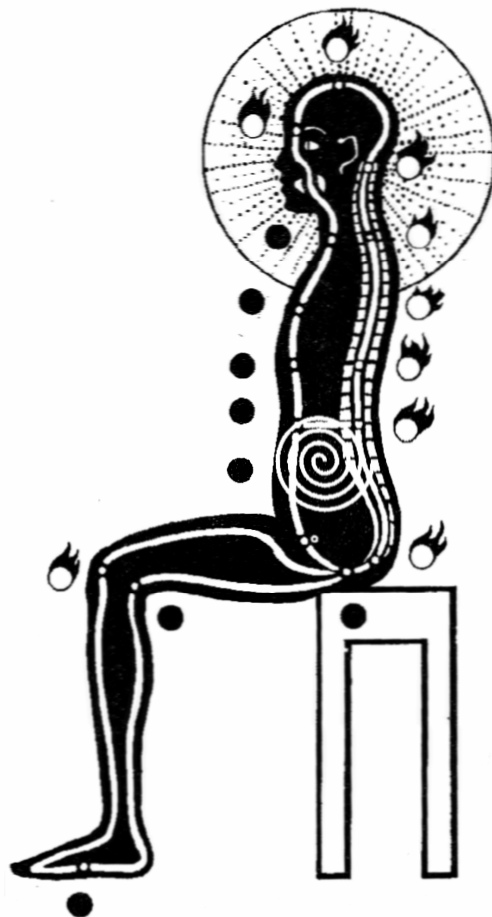


Taoist Meditation and Chi Kung

Six week Introductory Course



Internal Breathing
Inner Smile
Six Healing Sounds
Microcosmic Orbit
Iron Shirt Chi Kung



Thursday
13th August
5.30—7pm
Info and directions
0408 376 038

With Universal Tao
Instructor (Assoc)
Adam Ralph
www.wu-chi-kung.blogspot.com

Six weeks
\$90/\$80
Concession
Single Class
\$20